

HeART in Motion Youth Schedule



September 2023 - June 2024

MONDAY		TUESDAY		WEDNESDAY	
2nd Floor	3rd Floor	2nd Floor	3rd Floor	2nd Floor	3rd Floor
3:45-4:30pm FULL Pre-K Ballet/Tap (3-4yrs)		3:45-4:30pm Pre-K Ballet/Tap (4-5yrs)		9:15-9:45am Me & My Shadow	
4:30-5:30pm Ballet 2/3	4:30-5:15pm Youth Yoga (10/16-11/13)	4:30-5:15pm Jazz 1	4:15-5:15pm FULL Musical Theatre 1	3:45-4:30pm Kindergarten Ballet/Tap (5-6yrs)	3:45-4:30pm NEW Pre-K Ballet/Tap (3-4)yrs)
5:30-6:30pm Jazz 2/3	5:15-6:30pm Teen Beginner Ballet	5:15-6:00pm Ballet 1/2	5:15-6:00pm Tap 1	4:30-5:30pm Jazz 4	4:30-5:15pm Ballet 1
6:30-7:45pm Musical Theatre 2/3		6:00-7:00pm Lyrical 2/3	6:00-7:00pm Hip Hop 4	5:30-6:30pm Lyrical 5	5:15-6:00pm Tap 3
		7:00-8:30pm			6:00-6:45pm Tap 4
		Ballet 5			
THURSDAY		FRIDAY		SATURDAY	SUNDAY
2nd Floor	3rd Floor	2nd Floor	3rd Floor	2nd Floor	2nd Floor
1:30-2:15pm Pre-K Ballet/Tap (3-4yrs)				9:00-9:45am Pre-K Ballet/Tap (3-4 yrs)	
3:45-4:30pm Kindergarten Ballet/Tap (5-6 yrs)		4:00-4:45pm Pre-K Ballet/Tap (4-5 yrs)		9:45-10:30am Pre-K Ballet/Tap (4-5 yrs)	10:00-10:30am Me & My Shadow
4:30-5:45pm Ballet 3/4	4:15-5:00pm Boys Hip Hop	4:45-5:45pm Lyrical 1		10:30-11:15am Kindergarten Ballet/Tap (5-6 yrs)	
	5:00-5:45pm FULL Ballet 1			11:15-12:45pm Adult Intermediate Ballet	11:00-12:00pm Family Yoga**
5:45-6:45pm Lyrical 4	5:45-6:15pm Pre-Pointe 6:15-7:00pm	5:45-7:00pm Ballet 3		(Open to Ballet 4 & 5 Students)	**Last Sunday of Each Month
6:45-8:15pm	Hip Hop 3			1:00-1:45pm Jazz/Hip Hop 1/2	
Ballet 4/5					Register Below!
8:15-9:00pm Pointe 1/2					