



### HeART in Motion Youth Schedule



September 2022 - June 2023

<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>	
2nd Floor	3rd Floor	2nd Floor	3rd Floor	2nd Floor	3rd Floor
3:45 PM Ballet/Tap 4-5 Yrs		3:45 PM Ballet/Tap 3-4 Yrs		3:45 PM Ballet/Tap 4-5 Yrs	
4:30 PM Ballet 2/3	4:30 PM Tap 1	4:30 PM Ballet 2		4:30 PM Lyrical/Contemporary 2	4:00 PM ATNY Broadway Academy Ages 8-12
5:30 PM Jazz 1	5:15 PM Ballet 3	5:30 PM Jazz 2	5:15 PM Musical Theatre Dance 2	5:30 PM Lyrical/Contemporary 4	5:30 PM Tap 2/3
6:15 PM Jazz 3/4			6:30 PM Teen Beginner Ballet		6:30 PM Tap 4
7:15 PM Lyrical/Contemporary 3		6:45 PM Ballet 4			
		8:15 PM Pointe			
<b>THURSDAY</b>		<b>FRIDAY</b>		<b>SATURDAY</b>	
2nd Floor	3rd Floor	2nd Floor	3rd Floor	2nd Floor	3rd Floor
1:30 PM Ballet/Tap 3-4 Yrs				9:00 AM Ballet/Tap 3-4 Yrs	
3:45 PM Ballet/Tap 5-6 Yrs		4:00 PM Ballet/Tap 3-4 Yrs		9:45 AM Ballet/Tap 4-5 Yrs	
4:30 PM Ballet 1	4:30 PM Boys Hip Hop	4:45 PM Company Conditioning*	4:00 PM ATNY Broadway Academy Ages 13-18	10:30 AM Adult Int. Ballet (Open to Ballet 4 Students)	10:30 AM Ballet/Tap 5-6 Yrs**
5:30 PM Intro to Lyrical	5:30 PM Hip Hop 2/3			12:00 PM Hip Hop/Jazz 1/2	11:15 AM Ballet/Tap 4-5 Yrs**
6:15 PM Hip Hop 4		5:30 PM Ballet 4			
					<b>SUNDAY</b>
					11:00 AM Family Yoga***

\*\*\*last sunday of each month

\*Conditioning open to "Company Members" only.

\*\*10:30 & 11:15 AM Ballet/Tap limited to 10 students